

MEET THE 2008 AMBASSADORS

2008 WOMEN'S HEART HEALTH FAIR

These women lead an inspirational healthy lifestyle and live in the Phoenix Community. They will lead the women of Phoenix to become heart healthy and know their numbers at the 2008 Women's Heart Health Fair.



Dorothy Brunker
aka "Dutchess of Walks A lot"
She is 80 years old and runs 5 k, half marathons and hiked the Grand Canyon for the first time at age 65.



Lisa Coleman
Created a Heart Book for her mother after she suffered a heart attack to help her through her recovery and the book is now sold to patients who have suffered a heart attack titled "Recover Rite"



Felicia Davis
Felicia comes from a family that struggles with heart disease and has been on blood pressure medicine since her early 20s, recently lost 20 lbs, changed her diet, and exercising daily to lead a healthy lifestyle.



Ali Kamen
Ali is the owner of Zenergy Yoga and teaches yoga to new moms and their babies & teenagers. She also partners in the community to incorporate public health initiatives.



SISTER TO SISTER
FOUNDATION



Kim James
Kim has 5 kids & lost 50 lbs after having her children. She is a leader in the weight watchers program, completed P.F. Chang half marathon, Susan Komen 5k and started her own company, Sewing Sew Studio.

Meet the Ambassadors at the 2008 Sister to Sister Women's Heart Health Fair
Thursday, May 22, 2008 at the US Airways Center
12:00pm – 8:30pm

First 300 women will receive a free ticket to the Mercury Game that night!

For more information log on to www.sistertosister.org



Sister to Sister: Everyone Has a Heart Foundation, Inc., is a 501(c)(3) non-profit organization dedicated exclusively to the PREVENTION of heart disease in women. Our sponsors enable us to provide free cholesterol screenings to women around the country. Sister to Sister does not provide any treatment-related information nor do we recommend or endorse any products. Sister to Sister is NOT a patient advocacy organization.